

# Doula Provider Attestation

## Utah Medicaid

Provider's name: \_\_\_\_\_

National Provider Identifier (NPI): \_\_\_\_\_

Provider email address for attestation follow-up: \_\_\_\_\_

I attest that I have certification, credentials, experience and/or training as indicated below.

I am pursuing enrollment through the: (check one)

- Certification Pathway
- Experience Pathway

### Directions for providers:

Complete all attestations in the pathway section checked above and then sign under the statement of attestation at the end of this form.

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### Certification Pathway

There are 4 attestations required. Complete each attestation and sign under the statement of attestation at the end of the form.

1. I attest that I have received training as a doula from one of the department-approved training organizations listed on the [Utah Medicaid Women's Health and Family Planning webpage](#).

Certifying organization: \_\_\_\_\_

Date completed: \_\_\_\_\_ Number of training hours completed: \_\_\_\_\_

2. I attest that I have attended at least 3 births in my role as a doula within the past 5 years.

Date of birth	Name of attending provider	Email for provider

3. I attest that I have current CPR training credentials and will maintain this credential for the duration of my enrollment as a doula with Utah Medicaid.

Date completed: \_\_\_\_\_

4. I attest to follow the Doula Code of Conduct (see below). Sign under the statement of attestation at the end of the form.

Date completed: \_\_\_\_\_

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## Experience Pathway

There are 5 attestations required. Complete each attestation and sign under the statement of attestation at the end of the form.

1. I attest that I have attended at least ten births in my role as a doula and at least five of those births have been in the past two years.

Date of birth	Name of attending provider	Email for provider

2. I attest that I have four letters of recommendation. Two letters of recommendation must be from clinical members of the birth team (e.g., nurse, nurse practitioner, midwife, obstetrician) for a previously attended birth, and two letters of recommendation are from previous clients.

Date completed: \_\_\_\_\_

**Birth team letter #1**

Name: \_\_\_\_\_ Date of birth attended: \_\_\_\_\_

**Birth team letter #2**

Name: \_\_\_\_\_ Date of birth attended: \_\_\_\_\_

**Client letter #1**

Name: \_\_\_\_\_ Date of birth attended: \_\_\_\_\_

**Client letter #2**

Name: \_\_\_\_\_ Date of birth attended: \_\_\_\_\_

3. I attest that I have current CPR training credentials and will maintain this credential for the duration of my enrollment as a doula with Utah Medicaid.

Date completed: \_\_\_\_\_

4. I attest to follow the Doula Code of Conduct (see below). Sign under the statement of attestation at the end of the form.

Date completed: \_\_\_\_\_

5. I attest to having knowledge and competency in the following areas. (Initial to indicate competency.)

\_\_\_\_Pregnancy/perinatal support

\_\_\_\_Childbirth education

\_\_\_\_Anatomy of pregnancy, childbirth and postpartum

\_\_\_\_Non-medical comfort measures

\_\_\_\_Labor support techniques

\_\_\_\_Newborn/infant care

\_\_\_\_Feeding/lactation support

\_\_\_\_Postpartum/recovery support

\_\_\_\_Family/partner support

\_\_\_\_Developing a community resource list

\_\_\_\_Trauma-informed care

\_\_\_\_Diversity, equity, and inclusion (cultural sensitivity)

\_\_\_\_Health Insurance Portability and Accountability Act (HIPAA) rules and regulations

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### Statement of attestation

I hereby affirm that the information contained herein is current and complete and is furnished in good faith. I understand that omissions or misrepresentations may be cause for denial of my application or disenrollment. I understand that it is my responsibility to provide appropriate documentation, as requested, to meet the requirements.

**Provider's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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### Utah Medicaid Doula Code of Conduct

The State of Utah expects all Medicaid doulas to uphold a high level of ethical responsibility and personal conduct and to act with cultural humility and respect for human rights. Doulas will maintain professional practices in relation to record-keeping, confidentiality, professional boundaries, business competence, and professional growth.

#### Code of conduct

Definition: A code of conduct outlines general principles, values, and ethical standards that individuals within an organization or profession are expected to uphold and focuses on including ethical behavior, integrity, honesty, fairness, respect, and other similar principles.

1. The doula offers compassionate, culturally competent, and respectful care to clients, acknowledging their ethnic, cultural, and individual diversities while providing support.

2. The doula maintains high standards of professional conduct and fosters an improved experience for clients that upholds their individual needs and promotes healthcare equity. The doula does not engage in behavior that violates professional boundaries.
3. The doula holds the client's privacy with utmost respect and ensures the confidentiality, privacy, and trust of individuals, families, and communities that they serve. Doulas also understand and abide by relevant employer policies and state and federal confidentiality laws, including all Health Insurance Portability and Accountability Act (HIPAA) rules and regulations.
4. The doula upholds the client's needs and provides collaborative care to clients by communicating effectively and respectfully with clients, colleagues, care providers, and other professionals. Doulas also empower clients to have open communication and discussions directly with their healthcare providers.
5. The doula regularly engages in continuing education and training to improve skills, competencies, and professional knowledge, and maintain an awareness of new procedures, protocols and developments that are relevant to doula practice. The doula ensures all required certifications, including CPR, will be maintained for the duration of their enrollment with Utah Medicaid.

### **Standards of practice**

Definition: Standards of practice are specific and detailed guidelines that define the expected level of performance or behavior within a particular profession or field.

1. The doula provides high-quality care through a variety of support services including physical, emotional, and informational support.
2. The doula is dependable and honors their professional obligations.
3. The doula provides clients with appropriate resources when the client's needs are outside the doula's scope of practice. The doula should make every effort to assist each client in accessing local providers, services, cares, education, and/or appropriate referrals.
4. Doulas are not medical providers and do not perform medical procedures or interventions, do not provide medical advice, do not diagnose or provide treatment for medical conditions or ailments, and/or do not take the place of any medical care provider.
5. The doula collaborates respectfully with other colleagues and healthcare professionals—treating all members of the care team and health facility with dignity.
6. The doula creates a relationship where clients are safe to express their feelings, emotions, thoughts, needs, and concerns with their doula.
7. Doulas shall:
  - a. Maintain professional liability insurance.
  - b. Employ best practices and appropriate protocols for personal safety.
  - c. Be aware of their own physical, mental, and emotional well-being and limitations.
  - d. Communicate with integrity about their services and capabilities.

- e. Uphold all federal, state, and local laws, regulations and ordinances in their role as in the community birthing professional.

## **Integrity**

The Doula shall maintain accurate record keeping and billing and shall comply with health insurance and Medicaid standards set forth.

1. The doula will ensure billing practices are transparent and ethical and will promptly address any discrepancies.
2. The doula will promote perinatal, postpartum, and child wellbeing.
3. The doula commits to positively influence the perception of doulas within the community birthing profession by consistently upholding professionalism and recognizing that each doula represents the community as a whole. Doulas are valuable birthing professionals in the Utah community who endeavor to honor and uphold this code of ethics and professional conduct with integrity.